



Sutherland-Chan School of Massage Therapy

Pregnant and need a massage?



Pregnancy Massage *is safe and effective.*

Our student treatments are supervised by instructors who are experienced Registered Massage Therapists and all appropriate precautions are taken. These Pregnancy Clinic treatments are *amazing!*

Pregnancy Massage Benefits

- Improved relaxation and sleep
- Relief of muscular aches and pains
- Reduction of swelling
- Improved posture
- Relief of breast tenderness



Appointments available
(1-hr treatment):

Tuesdays

5:00 • 6:30 pm

September 22 – November 10

\$20.00

Phone for an appointment:

416-924-1107 ext. 10

15 Gervais Dr., Suite 104
Don Mills & Eglinton

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sutherland-chan.com

*Book for yourself.
Tell your pregnant family members, friends and clients.*