

ARC Alumni Special Feature

September 2018

FREE LECTURE **What Makes Older Tissues Different from Younger Tissues?**

DATE **Monday, September 24, 7:00-9:00 p.m.**

LOCATION **Sutherland-Chan School, Room 4**



Tissues change with age and we know this creates vulnerabilities that massage therapists need to take into account. This talk will help expand your perspective on what is happening in the tissues as they age. There is less effectiveness of some functions, e.g., autophagy

and apoptosis, and there are interesting new aspects, like homeostenosis, inflammaging and senescence. These will be explained in a way that helps you appreciate the full picture.

PRESENTER: **DEBRA CURTIES** RMT

Debra Curties has been a massage therapist since 1984, and has taught pathology and clinical theory at Sutherland-Chan since 1987. She is also the school's Executive Director and co-owner. Her love of teaching and of the massage profession have been reflected in the many roles she has assumed in the past 30+ years, from educator to author to leadership in various organizations. Debra has been teaching continuing education workshops across North America since 1998, and has lately been focused on developing courses that help the massage therapist understand and work with mood disorders and other brain-related conditions that are encountered in clinical practice. She is the recipient of meritorious service awards from the Ontario Massage Therapist Association (now RMTAO) and the AMTA Council of Schools.

This free lecture is open to S-C alumni, faculty and current students.

There is no cost, but we have a room capacity limit of 60 people, so please contact us to reserve your space: Robert Rodbourne at 416-924-1107 ext. 19, or robert@sutherland-chan.com