A diagnosis of cancer is devastating, but when the cancer comes back or spreads to another part of the body the person begins to live with a new level of physical and emotional challenges. This course will look at cancer recurrence, cancer metastasis, and secondary primary cancers. We will explore several later effects of cancer and of cancer treatments, as well as related symptoms and contraindications and emotional impacts, in order to see how massage can be used safely and effectively with this population.

We will work together to learn how to sharpen intake skills and develop appropriate treatment plans with full regard to our clients’ needs, their cancer-related considerations, side effects, precautions and contraindications. We will also discuss how to collaborate with the other involved health care professionals and when to refer. There will be a short hands-on component to practice intake skills and demonstrate effective adapted uses of massage treatment approaches.

Instructor:

Pam Hammond is a Sutherland-Chan graduate who has been a working as a Registered Massage Therapist for 29 years. She is also trained in Shiatsu and has a Vodder certification in Combined Decongestive Therapy. She works at the Cancer Rehabilitation and Survivorship Clinic at the Princess Margaret Cancer Centre and maintains a small private practice. She has a Masters in Environmental Studies, where she explored traditional, biomedical and complementary breast health in Indigenous communities.

Cost:

Regular:  $199.00 + HST
Early Bird:  $175.00 + HST by March 26, 2018

S-C Alumni:  $1700.00 + HST
Early Bird:  $150.00 + HST by March 26, 2018

Location:  
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