

Cupping for Massage Therapists: Section 1

Saturday, September 30, 9:30-4:30

Instructor: Tracie Blair, BA, R.Ac., RMT

Max Participant #: 20



Sutherland-Chan Continuing Education

Cupping for Massage Therapists brings the ancient art of cupping into modern-day massage practice, allowing for a unique approach to the treatment of fascia and body fluids. Cupping can affect deeper tissue, treat fascial restrictions, and increase range of motion, all with little stress on your hands. It takes only one day to learn and you will walk away with a whole new technique to add to your skills. Cupping goes beyond simple fascial techniques – effects on angiogenesis, metabolism and immune response will be explored. Physiological changes will be discussed and demonstrated in the practical component. The theory will be put in to practice in the course, where application will cover more than just the back. Techniques will also be applied to scars, fascia, joints, trigger points, muscle imbalances and even the pleura.

Please Note: Traditional cupping (fire cupping) is restricted to acupuncturists and TCM practitioners so will not be taught in this course.

Instructor:

Tracie Blair is an RMT and a Registered Acupuncturist. She has been an owner/therapist at a thriving multi-practitioner clinic in Winnipeg since 1998. Tracie's passion for Eastern medicine led her to begin studying acupuncture in 2008. She has immersed herself in the study of acupuncture philosophies and takes pride in maintaining respect for the ancient traditions while incorporating more modern styles of treatment when applicable. Tracie's deep conviction about the power of synchronizing complementary therapies has led her to incorporate a range of modalities into her practice in addition to acupuncture and massage therapy: cupping massage, meridian theory, myofascial therapies, injury rehabilitation, phototherapy and electrotherapy, among others. Tracie is a director and instructor at the College of Acupuncture and Therapeutics, an instructor at the Massage Therapy College of Manitoba, and a frequent presenter at seminars for health care professionals and the general public. Through her diverse training, she is able to take a unique, practical approach to combining the Eastern roots with the Western adaptations of the philosophies of cupping.



Cost*:

Regular: \$249.00 + HST
Early Bird: \$225.00 + HST by September 11, 2017

S-C Alumni: \$220.00 + HST
Early Bird: \$200.00 + HST by September 11, 2017

**Includes a \$50 purchase fee for one set of cups.*

Location:

[Sutherland-Chan School](#)
330 Dupont St, Suite 400
Toronto ON

Contact Person:

Robert Rodbourne
ph: 416-924-1107 ext. 19
email: robert@sutherland-chan.com

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