Assessing the Cervical Spine--Orthopedic And Motion Testing

Saturday, October 21 and Sunday, October 22, 9:30-5:30

Instructor:  David Zulak, MA, RMT
Max Participant #:  20

Assessing the Cervical Spine is a two-day, hands-on course for massage therapists who want to review and expand your cervical spine assessment skills. It incorporates the classic orthopedic protocol – Posture & Motion, Rule-Outs, Range of Motion, Differential Muscle Testing and Special Tests, including neurological testing – joined with motion palpation testing from the osteopathic tradition that adds a very specific assessment of the synovial joints in the upper and lower cervical quadrants. Used together, these two approaches provide an efficient, effective assessment that uncovers specific impairments in the neck as well as their impact on surrounding regions. Thorough assessment leads to therapeutic outcomes that are realistic and appropriate, and at the same time suggests what techniques may be of most use in any stage of the treatment plan. Any important anatomical information that clarifies how a test works will be discussed, as will some of the common impairments and dysfunctions seen in massage therapy practice. Some basic Muscle Energy Techniques will be shown for treating motion impairments in the upper and lower cervical spine.

Instructor:

David is the author of Comprehensive Assessment for Massage Therapy (2011). He is a Sutherland-Chan grad (1994) and for several years was the school’s principal clinical assessment instructor. He has also instructed and been the program director at other schools in Ontario. David has taught courses in anatomy, treatments and techniques; however, clinical assessment has remained his primary interest in both teaching and writing – he has written more than a dozen articles on assessment theory and practice. Currently, David teaches seminars across Canada for practicing massage therapists, along with sustaining a busy clinical practice in Brantford, Ontario. He is revising his textbook and expects it to be re-published by Handspring Publishing in 2018. David has also pursued instruction in osteopathic techniques and osteopathic principles and theory. He uses a blend of osteopathy and massage in his practice, with the intent to provide a more comprehensive approach to assessment and treatment for his clients.

Cost:

Regular:  $379.00 + HST
          Early Bird: $350.00 + HST by October 2, 2017
S-C Alumni:  $325.00 + HST
            Early Bird: $300.00 + HST by October 2, 2017

Location:

Sutherland-Chan School
330 Dupont St, Suite 400
Toronto ON

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